

Cougar Mountain Trail Run - Female Series Runners - 2010

(those that completed all four runs 5.0, 7.5, 10.3, and 13.1 miles)

Female Open

Name	SexAge	5.0 Mile Time hr:min:sec	5 Mile Points	7.5 Mile Time hr:min:sec	7.5 Mile Points	10.3 Mile Time hr:min:sec	10.3 Mile Points	13.1 Mile Time hr:min:sec	13.1 Mile Points	Overall Points
Sellon, Nichole	F24	0:38:17	1	1:05:48	1	1:31:15	1	2:15:44	1	4
Margolis, Jennifer	F39	0:43:26	2	1:14:03	2	1:46:56	2	2:38:21	2	8
Clark, Jaimie	F23	0:46:00	3	1:16:58	3	1:54:42	3	2:46:45	3	12
Ulland, Katy	F31	0:46:34	4	1:22:48	4	1:58:53	4	2:58:56	4	16
Wall, Joanna	F29	1:07:33	5	2:01:58	5	2:46:10	5	4:12:16	5	20

Female Masters

Name	SexAge	5.0 Mile Time hr:min:sec	5 Mile Points	7.5 Mile Time hr:min:sec	7.5 Mile Points	10.3 Mile Time hr:min:sec	10.3 Mile Points	13.1 Mile Time hr:min:sec	13.1 Mile Points	Overall Points
Lewis, Heather	F42	0:42:44	1	1:13:33	1	1:44:18	1	2:29:59	1	4
Smith, Stacie	F42	0:47:50	2	1:26:45	2	1:57:02	2	3:05:27	3	9
Emerson, Kate	F46	0:49:27	3	1:29:08	3	2:02:11	3	3:07:40	4	13
Ohara, Hilary	F41	0:52:40	4	1:32:05	4	2:04:44	4	3:01:37	2	14
Parker, Heather	F40	0:56:35	5	1:35:26	5	2:21:09	5	3:24:07	5	20
Martin, Ramona	F40	1:29:43	6.5	2:33:35	6.5	3:14:12	6.5	6:19:00	6.5	26
Jones, Lisa	F41	1:29:43	6.5	2:33:35	6.5	3:14:12	6.5	6:19:00	6.5	26

If you finished all four runs and your name does not appear in the table above send an Email to luckyal@juno.com and corrections will be made.